



## Nurse Practitioner – Mental Health

**CLASS SUMMARY:** To perform specialized clinician and counseling duties related to patient care; and to perform related duties as assigned.

**SUPERVISION RECEIVED AND EXERCISED:**

Receives direction from assigned supervisory and management personnel. Exercises functional and technical supervision over clerical, technical and professional personnel.

**TYPICAL CLASS ESSENTIAL DUTIES:** (These duties are a representative sample; position assignments may vary.)

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| 1.  | Elicits and records a complete health and social history independent of supervision.   |
| 2.  | Performs basic comprehensive physical assessments using the techniques of observation, inspection, palpation, percussion and auscultation.   |
| 3.  | Orders and interprets diagnostic procedures, as indicated with consultation of the physician as needed, e.g., laboratory tests, EKGs and x-rays.   |
| 4.  | Integrates information collected in the health history and physical examination into defined problem areas.  |
| 5.  | Orders, reviews and provides patient instructions regarding diet and activities and their modifications as appropriate.  |
| 6.  | Prescribes and administers medications as delineated by ORS 678.   |
| 7.  | Manages certain common, acute and chronic illnesses within the framework of accepted standards of practice.  |
| 8.  | Develops with the client and family a comprehensive health care plan and coordinates with the health care provided by the other professionals and agencies involved in providing services. |
| 9.  | Provides health counseling and anticipatory guidance to the clients and families throughout the normal life cycle.   |
| 10. | Maintains complete and reliable records of client care in an easily audited format.  |
| 11. | Assists in the development of health care objectives and initiates action towards attaining these objectives.  |

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12.	Interprets the role of health care services to clients and the community.
13.	Provides educational services to the public, clients, patients and inmates concerning contraception, pregnancy, mental health and other issues.
14.	Assesses mental status of patients and inmates.
15.	Provides immediate emergency treatment as appropriate.
16.	Performs necessary home, nursing home and hospital visits to provide continuity of care.

**Knowledge of** (position requirements at entry):

- Principles, practices and techniques of providing clinical nursing to patients.
- Laws, Rules and regulations governing the provision of care to patients in the State of Oregon.
- Processes, procedures and theories of clinical assessment of physical and mental status of patients.
- Principles, practices and theory of clinical education of patients in the areas of contraceptive, prenatal and other clinical areas of care.
- Documentation procedures for charting and reporting physical and mental status of patients.
- Theories, practices and procedures of nursing.
- Theory and practice of patient management and treatment within scope of certification.
- Analytical tests and procedures used in clinical settings to determine the health status of patients.
- Clinical and safety procedures in a correctional facility.
- Pharmacology as applied to clinical nursing and the prescription of drugs as authorized within the Nurse Practitioner formulary and Oregon Revised Statute.

**Ability to** (position requirements at entry):

- Assess and treat patients reporting health problems.
- Conduct and report on physical exams and histories.
- Provide referral to other health care practitioners or agencies.
- Interpret results of analyses and tests and provide treatment modalities.
- Manage a caseload of patients.
- Develop treatment programs and plans for patients.
- Diagnose diseases, ailments and illnesses.
- Educate patients, clients and inmates on disease prevention, control and hygiene.
- Direct the clinical activities of other health care personnel.
- Establish and maintain effective working relationships with those contacted in the course of work.
- Communicate clearly and concisely, both orally and in writing.

**Training and Experience** (positions in this class typically require):

Master's degree in Nursing from an accredited college or university, and completion of a Nurse Practitioner program specific to the expanded specialty of Psychiatric/Mental Health Nurse Practitioner (PMHNP).

OR

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An equivalent combination of experience and training that will demonstrate the required knowledge and abilities is qualifying.

**Licensing Requirements** (positions in this class may require):

- State of Oregon Registered Nurse license
- National Certification by a nationally recognized board
- National Provider Identifier (NPI)
- Current BLS/CPR
- Oregon Driver's License
- Certificate granting full prescription authority
- Drug Enforcement Agency Certificate
- Certification from a recognized national certification body.

**NOTE:** This position is represented by AFSCME.

**Classification History:** Established split from B023 per BO 08-12-10-11 Updated 6/12/23 removing one year experience and QMHP requirement – approved by HR Director.  
FLSA Status: Exempt